



University Counseling
Center (UCC) is here
FOR YOU!

**We believe
everyone has
a story to tell.
Share your
story with us in
CONFIDENCE.
We will ACTIVELY
LISTEN and
OFFER HELP.**

- »» Anger and Stress Management
- »» Substance Use and Disorder
- »» Post Traumatic Stress Disorder
- »» Suicide Prevention
- »» Grief
- »» Depression and Anxiety
- »» Conflict Resolution
- »» Food Insecurity

**To set an appointment,
come by our office or call us.**

John Garrick Hardy Center, Suite C1.50 | 334-229-4382



**Stay Aware. Stay Safe.
Stay #HornetStrong.**