

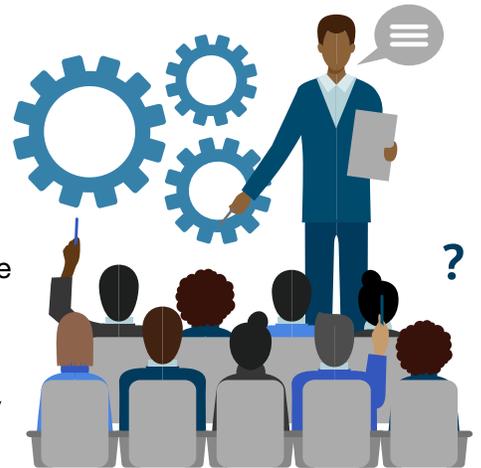
# 2

## ASU Health and Safety Strategies

The health and safety of Alabama State University employees, students and visitors are of paramount importance. Our Health Center is using numerous strategies to strengthen protocols to prevent the spread of COVID-19 at the institution. All employees, students and visitors should adhere to these protocols to ensure their own safety, as well as the safety of others.

### STAY AWARE COMMUNICATIONS

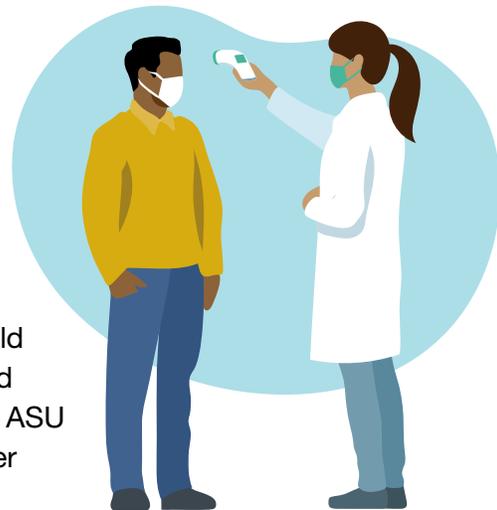
The University has adopted many of the CDC recommendations and things are constantly changing during this pandemic. Our Health Team reviews updates and provides the University with the best guidance for our campus. Please stay aware by visiting the CDC website, as well as, looking for updates to our guidebook. As we progress through the pandemic, we will provide any necessary information and protocol updates.



### STAY SAFE

Due to the prevalence of the Omicron variance and a rise in COVID-19 cases, **ALL ASU employees and students MUST present a negative test result before returning to campus.** This negative test result must be within 14 days of your return to campus. No exceptions will be made to this requirement. Once you complete this requirement and submit verification to the ASU Office of Health Services (at <https://forms.gle/1fmYt4jMQctGMCup8>), you will receive an email indicating you are cleared to return to campus. Students and employees should check their ASU email for additional information about reentry testing requirements. Regular testing is critical for identifying trends, curbing potential outbreaks and monitoring cases on campus.

All employees and students should be aware of COVID symptoms and check temperature if symptoms appear. If your temperature is above 99.6 and/or if you have COVID-19 symptoms, employees should contact their supervisors and students should contact the ASU Health Department for further instructions. Physical Plant employees will continue to have their temperatures checked daily at their facility.



Required Sentinel (random) testing of all employees and students will continue throughout the semester. We will continue to offer vaccinations onsite to the student, staff and faculty population.

## STAY HORNET STRONG

### FOLLOW SAFETY PROTOCOLS

ASU has adopted several protocols to ensure the health and safety of its students, employees and visitors. ASU is a mask mandatory campus. To “stay safe together,” all ASU employees, students and visitors will be required to follow additional protocols, such as social distancing, following campus/building directional instructions, washing hands, cleaning items used, etc.

It is also important for all of us to stay mentally strong during these challenging times. ASU will continue to provide counseling for all employees and students as needed. Please reach out to the Counseling Center for assistance at **334-229-4894**.



## TEST BEFORE YOU RETURN

The University realizes that testing is key to mitigating the spread of COVID-19 on our campus. Because we want to start the spring/summer semesters with a “clean slate,” **ALL STUDENTS** are required to submit COVID-19 negative results prior to their return to campus:

- **Negative results must be submitted within 14 days prior to return.**
- **Results should be sent to the following link: <https://forms.gle/7ckogZZdVkQMd8L68>**
- **Students will receive a confirmation once their documents have been reviewed and cleared by the ASU Health Department.**

Please remember that even if you test negative for COVID-19 and are allowed to live on campus, it is your responsibility to follow ASU and CDC guidelines to remain safe and healthy during this pandemic. Masks and social distancing are required. You are encouraged to wash your hands, avoid large gatherings on and off campus, and adhere to all other safety guidelines as detailed in this document.





**ASU HEALTH SERVICES**  
ALABAMA STATE UNIVERSITY  
PROMOTING STUDENT HEALTH, WELLNESS AND ACADEMIC SUCCESS

## WEEKLY COVID TESTING AND VACCINATION

### DUNN-OLIVER ACADOME

1595 Robert C Hatch Drive, Montgomery, AL 36101  
South Parking Lot // 2nd Floor // Rooms E-221/E-222

**MONDAY AND WEDNESDAY | 9 A.M. - 1 P.M.**

To request an appointment, email [covidsupport@alasu.edu](mailto:covidsupport@alasu.edu)

**STI testing, Injury/Illness, Wellness Clinic**

**BY APPOINTMENT**

**Tuesday and Thursday | 8 a.m. - 4 p.m.**

To request an appointment, email [covidsupport@alasu.edu](mailto:covidsupport@alasu.edu)

The Alabama State University Health Center offers services to ensure your safety and well-being while on campus. We are working diligently during this pandemic to mitigate the spread of COVID-19.

We must all **work together** to stop the spread of this very contagious virus. Wearing a facial covering, social distancing and frequent handwashing/using hand sanitizers are important steps our ASU family must take to prevent the spread of COVID-19.

**For Students: If you reside on campus and test positive for COVID-19, you will need to return home, at your expense, for the 5 days recommended by the CDC. Students who test positive for COVID-19 (whether residing on or off campus) will not be allowed to return to campus until the 5-day period has elapsed, and they are able to produce a valid negative test result.**

The most common symptoms of COVID-19 include fever, cough, headaches, fatigue, muscle or body aches, loss of taste/smell, sore throat, nausea and diarrhea.

If someone has trouble breathing, chest pains or difficulty staying awake, seek medical care immediately. **Campus Police: 334-229-4400**

If you receive a positive result from an on-campus test, instructions will be given to you. If you receive a positive result from an off-campus test, you **MUST** stay home and immediately contact COVID Support at **334-604-9206** and send your results to [covidsupport@alasu.edu](mailto:covidsupport@alasu.edu). If you reside on campus, you must contact Residential Life **BEFORE** entering into any residence hall. Failure to do so **WILL** result in disciplinary action up to removal from campus.

**In accordance with recommended guidelines, tests are reported only to the Alabama Department of Public Health.**

## Things to know

- Per our protocols on campus, you **MUST** wait 5 days before re-testing after testing positive.
- Tests on campus occur for those selected for sentinel testing, for those presenting with symptoms and for those identified through contact tracing.
- For students, any test performed off campus with a positive result **MUST BE REPORTED** immediately to COVID Support at [covidsupport@alasu.edu](mailto:covidsupport@alasu.edu). Employees must report positive COVID-19 results to the Department of Human Resources at [dcarr@alasu.edu](mailto:dcarr@alasu.edu).
- Contact tracing is conducted on close contacts identified by positive cases. Those close contacts are defined as any individual within 6 feet of an infected person for a total of 15 minutes or more.

**If you have additional questions or concerns, don't hesitate to contact us.**

**Office: 334-229-4436**

**Fax: 334-229-4923**

**Email: [healthservices@alasu.edu](mailto:healthservices@alasu.edu)**

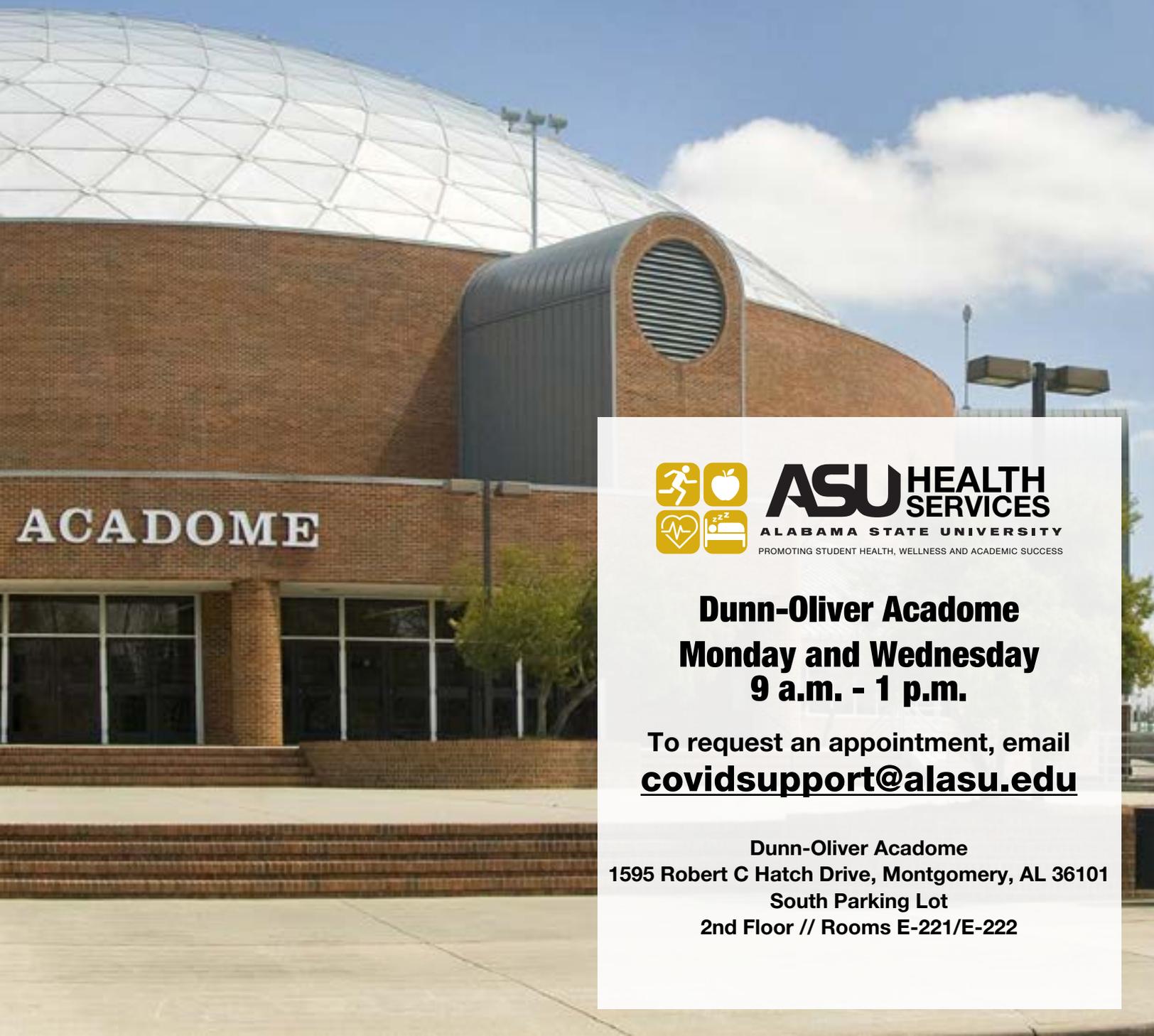
**COVID Support:  
334-604-9206**

**24-hour Nurse Line:  
1-800-634-7629**

# ASU REOPENING MOVING FORWARD



# COVID TESTING AND VACCINATION DUNN-OLIVER ACADOME



**ASU HEALTH SERVICES**  
ALABAMA STATE UNIVERSITY  
PROMOTING STUDENT HEALTH, WELLNESS AND ACADEMIC SUCCESS

**Dunn-Oliver Acadome**  
**Monday and Wednesday**  
**9 a.m. - 1 p.m.**

To request an appointment, email  
**[covidsupport@alasu.edu](mailto:covidsupport@alasu.edu)**

Dunn-Oliver Acadome  
1595 Robert C Hatch Drive, Montgomery, AL 36101  
South Parking Lot  
2nd Floor // Rooms E-221/E-222

## Facts

### Q: What does "isolation" mean?

**A:** When persons test positive for COVID-19, they must remain apart from others for at least 5 days.

### Q: What does "quarantine" mean?

**A:** When persons exhibit symptoms or have been exposed to someone with COVID-19, they must quarantine for 5 days.

### Q: Whom should I contact if I have COVID-19 symptoms?

**A: STUDENTS** who exhibit COVID-19 symptoms are required to contact the ASU Health Center at [covidsupport@alasu.edu](mailto:covidsupport@alasu.edu) or **334-604-9206**.

**EMPLOYEES** are required to alert the Human Resources Department at [dcarr@alasu.edu](mailto:dcarr@alasu.edu) as well as their supervisor.

### Q: What does "contact tracing" mean?

**A:** Contact tracing is conducted on close contacts identified by positive cases. Those close contacts are defined as any individual within 6 feet of an infected person for a total of 15 minutes or more. The University is only performing tests on individuals presenting with symptoms, those notified for sentinel testing and those identified through contact tracing.

## >> Employees Take Action

Employees who exhibit COVID-19 symptoms should stay home, contact their physician and take **sick leave**. Employees who test positive for COVID-19 must stay home for 5 days of isolation on **sick leave** and present a negative test result before returning to work.

- They should **notify their supervisor** according to the ASU Human Resources Policies and Procedures.
- Employees who are tested off campus for COVID-19 are required to **alert the Human Resources Department** (not your supervisor or colleague). They should email the following to [dcarr@alasu.edu](mailto:dcarr@alasu.edu); name, position, school/department, date of and place where the test was conducted, results (if available), and phone number.
- Employees requiring any time off for a quarantine or isolation period must use **sick leave**.
- Employees exposed on campus to individuals with COVID-19 will be notified through **contact tracing** and are expected to follow the guidelines based on vaccination status as advised by health services.

## >> Students Take Action

### On-Campus Students

- On-campus students who exhibit COVID-19 symptoms are required to contact the ASU Health Center at [covidsupport@alasu.edu](mailto:covidsupport@alasu.edu) or **334-229-9206** to be tested.
- If you are tested off campus, you are required to contact the Health Center (as indicated previously) to report the results of your test (whether negative or positive).
- If you are tested by Health Center staff and receive a positive result, you will be given specific directions that you are required to follow.
- If you receive a positive COVID-19 test result, you must contact Residential Life BEFORE entering any residence hall.
- Note: Once a student has a positive COVID-19 test result, the next acceptable test cannot be dated prior to 5 days after the initial positive result.

### Off-Campus Students

- Off-campus students who exhibit COVID-19 symptoms should stay home and contact the ASU Health Center at [covidsupport@alasu.edu](mailto:covidsupport@alasu.edu) or **334-229-9206**.
- Off-campus students who test positive for COVID-19 are required to stay home for the mandatory 5 days and present a valid negative test before being allowed back on campus.



**Note: Once a student has a positive COVID-19 test result, the next acceptable test cannot be dated prior to 5 days after the initial positive result.**

**Failure to comply with any of the rules as detailed above for on and off-campus students will result in disciplinary actions up to removal from campus.**

- In accordance with recommended guidelines, tests are reported only to the Alabama Department of Public Health.

## >> Travel

### International Travel

The University will not authorize international travel for faculty, staff or students.

Employees or students who travel internationally for **personal reasons** should notify their supervisors and the Health Center prior to their departure and self-monitor for any COVID-related symptoms for a period of 14 days upon their return.

### Domestic Travel

Domestic travel on behalf of the University will be limited and reviewed on a case-by-case basis.

- If you do not receive a fully approved travel authorization, do not book hotels, registrations or flights.
- When traveling, we encourage all faculty, staff and students to follow the Centers for Disease Control and Prevention (CDC) travel guidelines.
- All employees or students who are authorized to travel domestically will be subject to the University's sentinel testing program upon their return to campus.

## >> Get Help

- Employees who are experiencing anxiety and stress because of COVID-19 should contact the Employee Assistance Program (EAP) at **1-800-386-7055** or [www.ibhworklife.com](http://www.ibhworklife.com).
- Students who desire counseling services relative to COVID-19 should contact the ASU Counseling Center at **334-229-4894**.