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ASU Health and Safety Strategies

The health and safety of Alabama State University employees, students and visitors are of paramount importance. Our Health Center is using numerous strategies to strengthen protocols to prevent the spread of COVID-19 at the institution. All employees, students and visitors should adhere to these protocols to ensure their own safety, as well as the safety of others.

STAY AWARE

TRAINING AND COMMUNICATIONS

Students and employees are required to complete the ASU Healthy Hornet Training and assessments.

Please complete all of the following steps. It should take less than 45 minutes. The first training is the longest, with the other trainings being very short.

1. Login to Blackboard
<https://asuonline.alasu.edu/>
2. Complete the ASU COVID-19 Health & Safety Training and training assessment.
3. Complete the GuideSafe Healthcheck (COVID-19 assessment tool) Training and training assessment.
4. Click the link to complete your initial Healthcheck.
Remember, the Healthcheck must be completed daily.
5. Complete the Event Passport Training.
6. Complete the Sentinel Testing Training and training assessment.



Circumstances related to the coronavirus pandemic continue to change; therefore, ASU will regularly communicate health and safety information and updates to students and employees through their ASU email, official ASU social media channels and on the ASU website. The larger community and general public will receive information through press releases, official ASU social media channels and the ASU reopening website.

STAY SAFE

DAILY CHECK INS

All ASU students and employees will complete **ENTRY TESTING** before the spring semester begins. **Students will be allowed to move into the residence halls only if they have a negative COVID-19 test result.**

Regular testing is critical for identifying trends, curbing potential outbreaks and monitoring cases on campus.

All employees and students should check their temperatures daily. If your temperature is above 99.6 and/or if you have COVID-19 symptoms, employees should contact their supervisors and students should contact the ASU Health Department for further instructions. Physical Plant employees will continue to have their temperatures checked daily at their facility.



All ASU students and employees are required to complete the Healthcheck each day. The Healthcheck will ask questions to determine if you have potential COVID-19 symptoms or exposure. The ASU Health Center will follow-up with you based on your Healthcheck information, as needed.

Required Sentinel (random) testing of all employees and students will continue throughout the semester.

The GuideSafe App uses bluetooth technology, without collecting any personal or location information, to determine if you have been in contact with someone who has tested positive for COVID-19. To find out more information about the app, please visit

<https://www.guidesafe.org/exposure-notification-app/>

STAY HORNET STRONG

FOLLOW SAFETY PROTOCOLS

ASU has adopted several protocols to ensure the health and safety of its students, employees and visitors. ASU is a mask mandatory campus. To “stay safe together,” all ASU employees, students and visitors will be required to follow additional protocols, such as social distancing, following campus/building directional instructions, washing hands, cleaning items used, etc.

It is also important for all of us to stay mentally strong during these challenging times. ASU will continue to provide counseling for all employees and students as needed. Please reach out to the Counseling Center for assistance at **334-229-4894**.



TEST BEFORE YOU RETURN

The University realizes that testing is key to mitigating the spread of COVID-19 on our campus. Because we want to start the spring semester with a “clean slate,” **ALL STUDENTS** are required to submit COVID-19 negative results prior to their return to campus:

- **Negative results must be submitted within a 14 day time frame prior to return.**
- **Results should be sent to the following link:**
<https://forms.gle/7ckogZZdVkJQMd8L68>
- **Students will receive a confirmation once their results have been reviewed and cleared by the ASU Health Department.**
- **Once you are cleared, your name will be submitted to Housing so that you are allowed to move into a residence hall.**
- **If you are not moving back on campus, once you are cleared, your name will be placed on the general student clearance list for campus.**

Please remember that even if you test negative for COVID-19 and are allowed to live on campus, it is your responsibility to follow ASU and CDC guidelines to remain safe and healthy during this pandemic. Masks and social distancing are required. You are encouraged to wash your hands, avoid large gatherings on and off campus, and adhere to all other safety guidelines as detailed in this document.

**STUDENTS, FACULTY AND STAFF
COMPLETE YOUR
DAILY HEALTHCHECK
FOR A SAFER UNIVERSITY!**

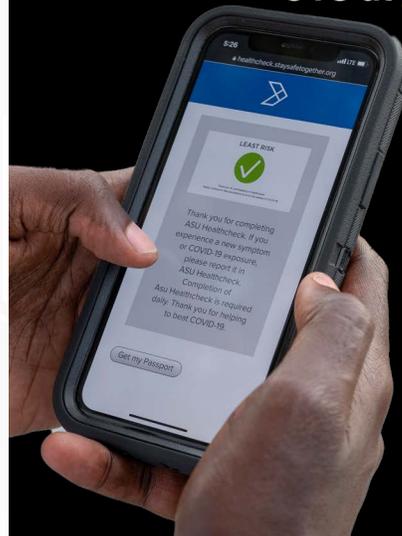
**ACCESS HEALTHCHECK IN
ONE OF THREE EASY WAYS!**

1. **Log in to Blackboard and click the Healthcheck Link.**
2. **Visit the website at alasu.edu/healthcheck.**
3. **Scan the QR code.**



**STAY AWARE.
STAY SAFE.
STAY #HORNET STRONG.**
Mask up and follow safety guidelines.

USE YOUR SINGLE SIGN ON.
It's the same as your ASU computer log in! If you have any issues logging in, please contact OTS at ots@alasu.edu or 334-229-4560.





ASU HEALTH SERVICES

ALABAMA STATE UNIVERSITY
PROMOTING STUDENT HEALTH, WELLNESS AND ACADEMIC SUCCESS

HOURS OF OPERATION:

COVID Testing

Monday, Wednesday and Friday | 9 a.m. - 1 p.m. | Lockhart Gym

STI testing, Injury/Illness and Wellness Clinic

Tuesday and Thursday | 8 a.m. - 4 p.m. by Appointment | Office

To request an appointment visit:

<https://forms.gle/5knU1UzQwS3r68ht7>

The Alabama State University Health Center offers services to ensure your safety and well-being while on campus. We are working diligently during this pandemic to mitigate the spread of COVID-19.

All ASU **STUDENTS AND EMPLOYEES WILL COMPLETE ENTRY TESTING** before the spring semester begins. Students will be allowed to move into the residence halls **ONLY** if they have a **NEGATIVE COVID-19 TEST** result.

We must all **work together** to stop the spread of this very contagious virus. Wearing a facial covering, social distancing and frequent handwashing/using hand sanitizers are important steps our ASU family must take to prevent the spread of COVID-19.

For Students: If you test positive for COVID-19, you MUST isolate for 10 days.

The most common symptoms of COVID-19 include fever, cough, headaches, fatigue, muscle or body aches, loss of taste/smell, sore throat, nausea and diarrhea.

If someone has trouble breathing, chest pains or difficulty staying awake, seek medical care immediately. **Campus Police: 334-229-4400**

If your test is performed on campus, instructions will be given to you. If you test off campus, you **MUST** immediately contact COVID Support at **334-604-9206** and send your results to covidsupport@alasu.edu.

If you reside on campus, you must contact Residential Life **BEFORE** entering into any residence hall. Failure to do so may result in disciplinary consequences.

In accordance with recommended guidelines, tests are reported only to the Alabama Department of Public Health.

Things to know

- Per our protocols on campus, you **MUST** wait 10 days before re-testing after testing positive.
- Tests on campus occur for those selected for sentinel testing, for those presenting with symptoms and for those identified through contact tracing.
- For students, any test performed off campus with a positive result **MUST BE REPORTED** immediately to COVID Support at covidsupport@alasu.edu. Employees must report positive COVID-19 results to the Department of Human Resources at dcarr@alasu.edu.
- Contact tracing is conducted on close contacts identified by positive cases. Those close contacts are defined as any individual within 6 feet of an infected person for a total of 15 minutes or more.

If you have additional questions or concerns, don't hesitate to contact us.

Office: 334-229-4436

Fax: 334-229-4923

Email: healthservices@alasu.edu

COVID Support:
334-604-9206

24 hour Nurse Line:
1-800-634-7629

>> Employees Take Action

Employees who exhibit COVID-19 symptoms and/or are too sick to work remotely or in person should follow the established Telework Staggered Work Schedule Memorandum of Agreement and Telework Guidelines including:

- They should **notify their supervisor** according to the ASU Human Resources Policies and Procedures.
- Employees who are tested off campus for COVID-19 are required to **alert the Human Resources Department** (not your supervisor or colleague). They should email the following to dcarr@alasu.edu; name, position, school/department, date of and place where the test was conducted, results (if available), and phone number.
- Employees exposed to individuals with COVID-19 are expected to quarantine for 14 days.

Facts

Q: What does "isolation" mean?

A: When persons test positive for COVID-19, they must remain apart from others for at least 10 days.

Q: What does "quarantine" mean?

A: When persons exhibit symptoms or have been exposed to someone with COVID-19, they must quarantine for 14 days.

Q: Whom should I contact if I have COVID-19 symptoms?

A: STUDENTS who exhibit COVID-19 symptoms are required to contact the ASU Health Center at covidsupport@alasu.edu or 334-604-9206. **EMPLOYEES** are required to alert the Human Resources Department at dcarr@alasu.edu as well as their supervisor.

Q: When should students submit their negative test results prior to returning to campus for Spring 2021?

A: Negative results must be submitted within a 14 day time frame prior to return.

>> Students Take Action

- Students who exhibit COVID-19 symptoms or have been tested for COVID-19 are required to contact the ASU Health Center at covidsupport@alasu.edu or **334-229-9206** to share the results of the test.
- For Students: If you test positive for COVID-19, you **MUST** isolate for 10 days.
- If you reside on campus, you must contact Residential Life **BEFORE** entering into any residence hall. Failure to do so may result in disciplinary consequences.
- If your test is performed on campus, instructions will be given to you. If you test off campus, **you MUST immediately contact COVID Support at 334-604-9206** and send your results to covidsupport@alasu.edu.
- Students who test positive and are living in residence halls will isolate in place should the need arise. Students who test positive for COVID-19 and have a permanent residence within a reasonable distance of ASU, may isolate away from campus. Accommodations for online/alternative instruction will be provided. Students who do not have a permanent residence within a reasonable distance of ASU may isolate until they can make arrangements to return home. Students who test positive for COVID-19 and have a permanent residence within a reasonable distance of ASU, may isolate away from campus. Accommodations for online/alternative instruction will be provided. Students who do not have a permanent residence within a reasonable distance of ASU may isolate in place until they can make arrangements to return home.
- Students who reside off campus and test positive for COVID-19 or exhibit COVID-19 symptoms should isolate or quarantine as prescribed under the guidance of the University's Health Center staff who will follow protocols established by the CDC and ADPH.
- Students exposed to individuals with COVID-19 will be required to quarantine for 14 days.



- Contact tracing is conducted on close contacts identified by positive cases. Those close contacts are defined as any individual within 6 feet of an infected person for a total of 15 minutes or more. The University is only performing tests on individuals presenting with symptoms, those notified for sentinel testing and those identified through contact tracing.
- In accordance with recommended guidelines, tests are reported only to the Alabama Department of Public Health.

>> Travel

The University will not authorize international travel for faculty, staff or students. Domestic travel on behalf of the University will be limited and reviewed on a case-by-case basis. If you do not receive a fully approved travel authorization, do not book hotels, registrations or flights. Employees or students who travel internationally for personal reasons should notify their supervisors or the Health Center and self-quarantine for 14 days upon their return.



>> Get Help

- Employees who are experiencing anxiety and stress because of COVID-19 should contact the Employee Assistance Program (EAP) at **1-800-386-7055** or www.ibhworklife.com.
- Students who desire counseling services relative to COVID-19 should contact the ASU Counseling Center at **334-229-4894**.