

CARMELA Y DRAKE, PHD, LPC, CAADP, ACGC-III

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EDUCATION

Capella University, St. Paul, MN PhD in Human Services, Specialization: Counseling Studies Dissertation: "Phenomenological Study into the Lived Experiences of Youth in the Hip Hop Culture"	2010
Troy University at Montgomery, Montgomery, AL MS in Counseling and Human Development, Specialization: Community Agency	1999
University of Montevallo, Montevallo, AL BS in Psychology, Minor: Social Work	1996

PROFESSIONAL LICENSE AND CERTIFICATIONS

Licensed Professional Counselor (LPC), # 3220
Certified Adolescent Alcohol and Drug Professional (CAADP), #CAADP011
Certified Compulsive Gambling Counselor (ACGC), Level III, #1028

TEACHING EXPERIENCE

Alabama State University, Montgomery, AL <i>BSRS Program Coordinator/ Assistant Professor in Rehabilitation Studies Program</i> <i>Bachelors of Science in Rehabilitation Services</i> <i>Faculty Athletics Representative</i> Courses Taught Counseling Skills and Techniques Introduction to Addictions Assessment in Rehabilitation Theories in Counseling Fieldwork in Rehabilitation I and II Medical Aspects Treatment Strategies	2017-present
Alabama State University, Montgomery, AL <i>Assistant Professor in Rehabilitation Studies Program</i> <i>Bachelors of Science in Rehabilitation Services</i> Courses Taught Counseling Skills and Techniques Medical Aspects Introduction to Addictions Assessment in Rehabilitation Theories in Counseling	2016-2017
Argosy University	2015-2019

*Adjunct Instructor (Graduate Program)**Human Services*

Course Taught

Theory and Scope of Human Services

Program Evaluation

Policy and Social Advocacy

Life Course and Human Development

Ethics and Personal Values in Human Services

University of Phoenix, Online**2014-2016***Associate Faculty (Undergraduate Program)**Behavioral and Social Sciences*

Course Taught

Research and Statistics in Social Sciences

Alabama State University, Montgomery, AL*Adjunct Faculty (Undergraduate Program)**Bachelors of Science in Rehabilitation Services*

Courses Taught

Counseling Skills and Techniques

2015-2016

Theories in Counseling

2014-2016

Seminar in Rehabilitation Studies

2014-2016

Introduction to Addictions

2011**Troy University, Troy, AL***Adjunct Faculty (Undergraduate Program)**Social Work and Human Services*

Courses Taught

Senior Seminar in Human Services

2012-2013

Pre Practicum in Human Services

2012-2013

Practicum (co-teach)

2012-2013**CLINICAL EXPERIENCE**

Sequel Youth and Family Services, Tuskegee, AL

Substance Use Disorder Clinician/Consultant**2016 -present**

Sequel Youth and Family Services, Tuskegee, AL

Providing supervision to clinical and non-clinical staff seeking substance use certification; reviewing assessments, treatment plans, treatment plan reviews, and discharge summaries; providing training and additional support to the program director with reporting and communication with pertinent state –agency representatives; consulting with Administrator and Program Director on problems relating to clinical operations observed in treatment delivery.

Program Director**2011 -2016**

Providing supervision to clinical and non-clinical clinicians and department heads. Developing and organizing curriculum to meet the needs of the population being served in the residential setting; ensuring that the treatment services meet state standards; facilitating trainings in clinical documentation, counseling strategies, and treatment planning; creating community partnerships to enable clinical staff to have a variety of linkages with various services needed to fulfill case management needs of clients; facilitating multidisciplinary mental health team in providing comprehensive mental health substance use care; Consulting with Administrator on problems relating to program operations; and interprets program policies, objectives, and operational procedures to department heads and other staff as designated by the Administrator. Participate in the development of responses to Request for Proposals and Invitations to Bid in the states of Alabama and Florida.

MHM Corrections, Montgomery, AL

Mental Health Professional**2010 – 2011**

Provided mental health case management services and consults with multidisciplinary mental health team in providing comprehensive mental health care to include linking clients (incarcerated male and females) with internal/external services, providing advocacy, as well as group and individual therapy; performed highly technical work under professional supervision involving the diagnosis, and evaluation; administered various psychological examinations, analyzed and interpreted the results, and discussed findings with appropriate staff; and developed appropriate treatment plans.

Human Resource Development Institute of AL, LLC

Program Director of Adolescent Services

2006-2009

Developed policy and procedures for the operation of residential facilities; provided supervision to clinical and non-clinical staff; ensured program operations do not exceed approved budget during the fiscal year; developed and organized curriculum to meet the needs of the population being served in the residential setting; ensured that the operation and treatment services meet state standards; facilitated trainings in clinical documentation, counseling strategies, and treatment planning; created community partnerships to enable clinical staff to have a variety of linkages with various services needed to fulfill case management needs of clients; submitted new funding sources and proposal opportunities to expand the adolescent services to other needed areas; and responded to state and federal grant proposals that were researched.

Human Resource Development of AL, LLC

Substance Abuse Therapist- Life Tech Facility for Women

2004-2006

Facilitated therapy, education, and family education group sessions; documented clients' activity in-group sessions; completed intake assessments and determining diagnostic impressions if client meets criteria for treatment; rendered individual therapy to clients seeking assistance in recovering from chemical dependency or abuse; developed treatment plans; documented clients' progress in treatment; and participated in Quality Improvement/Assurance Management Teams.

Chemical Addictions Program, Inc.

Adolescent Substance Abuse Therapist

1999-2004

Facilitating therapy, education, and family education group sessions; Documented clients' activity in-group sessions; Completed intake assessments and determining diagnostic impressions if client meets criteria for treatment; Rendered individual therapy to clients seeking assistance in recovering from chemical dependency or abuse; Developed treatment plans; Documented clients' progress in treatment; Participated in Quality Improvement/Assurance Management Teams.

SPECIAL TRAININGS

Sequel University Leadership Development
Sequel Youth and Family Services

2014-2015

Instructor Certification Course
University of Phoenix-Online

2014

Blackboard Instruction Certification
Troy University

2012

Instructor Certification Course
University of Phoenix-Birmingham, Birmingham, AL

2011

PUBLICATIONS

Drake, C.Y., Stapleton, D.H., & Yasui, N.Y. (2019). Strengths-based undergraduate rehabilitation education model: Preparing minority leaders for diverse workforce. *Journal of Applied Rehabilitation Counseling, 50 (2)*.

Joseph, M.M., Stapleton, D.H., **Drake, C.Y.**, Edwards, D, and Ware, S. (2018). Undergraduate rehabilitation education programs: A focus on quality and ethics as guiding principles in preparing students for a diverse workforce. *Journal of Applied Rehabilitation Counseling*, 49(4), 21-26.

BOOK CHAPTERS

Drake, C.Y. (2019) *Certification and Licensure*. In M.A. Joseph (Ed.), Practicum and Internship Manual for Human Services. Linn Creek, MO: Aspen Professional Services

UNPUBLISHED WORKS

Sametz, R.R., Joseph, M.M., **Drake, C.Y.**, and Stapleton, D.H. (in development). *Mentorship for women in academia: A game changer*.

PRESENTATIONS, WORKSHOPS, AND LECTURES

Drake, C.Y. (2019, September). *Substance Use Disorder Treatment and Nutrition*. Poster presented at the 2019 NAADAC Annual Conference Orlando, FL.

Drake, C.Y. (2019, September). *Recovery Advocacy*. Presented at the Inaugural National Addiction Professionals Day Conference Montgomery, AL, Alabama State University.

Stapleton, D.H., **Drake, C.Y.**, Finch, S., Johns, C., & Hester, Y. (2019, September). *A Model for Assessing, Identifying, and Supporting Students at Risk for Suicidality*. Presented at the 2019 Alabama Higher Education Suicide Prevention Conference Montgomery, AL, Troy University Montgomery.

Drake, C.Y. (2015, June). *Identifying and Working with Youth with Substance Use Disorders*. Workshop presented at Alabama Department of Human Resources Supervisor's Conference Hoover, AL

Drake, C.Y. (2015, March). *Cultural Competency: Understanding the Need to Provide Culture Specific Treatment*. Workshop presented at the Annual Alabama School for Alcohol and Drug Studies Tuscaloosa, AL

Drake, C.Y. (2014, March). *Cultural Competency: Understanding the Need to Provide Culture Specific Treatment*. Workshop presented at the Annual Alabama School for Alcohol and Drug Studies Tuscaloosa, AL.

Drake, C.Y. (2013, March). *Cultural Competency: Understanding the Need to Provide Culture Specific Treatment*. Workshop presented at the Annual Alabama School for Alcohol and Drug Studies Tuscaloosa AL

Drake, C.Y. (2012, November). *Counseling Adolescents in the Hip Hop Culture*. Content session presented at Alabama Counseling Association Annual Conference Montgomery, AL

Drake, C.Y. (2010, July). *Addiction and Recovery: The Disease Concept*. Guest Speaker at Re-entry Program at Staton Correction Facility Elmore, AL

Drake, C.Y. (2010, October). *Substance Use Disorder: A Disabling Condition*. Guest Speaker at Alabama State University Rehabilitation Studies Department Montgomery, AL.

Drake, C.Y. (2007, October). *KADET Program: Shaping our Future Leaders*. Presented at the 21st Annual Treating People of Colour Conference in Halifax, Nova Scotia

AWARDS AND GRANTS

Garrett Lee Smith Suicide Prevention Grant, SAMSHA, Project Director (2017-2018).

SPECIAL APPOINTMENTS

Faculty Athletics Representative (2018-2020)

PROFESSIONAL MEMBERSHIPS

NAADAC, The Association for Addiction Professionals

Alabama Association for Marriage and Family Counselors (ALAMFC) division of Alabama Counseling Association (ALCA)

Alabama Association for Addictions and Offender Counselors (ALAAOC) division of Alabama Counseling Association (ALCA)

Alabama Alcohol and Drug Association (AADAA)

Alabama Counseling Association (ALCA)

Alabama Suicide Prevention and Resource Coalition (ASPRC)

Alabama Council on Compulsive Gambling

PROFESSIONAL MEMBERSHIP OFFICES HELD

Alabama Counseling Association, Chapter VI, Member at Large 2019-2020

Alabama Association for Marriage and Family Counselors (ALAMFC) division of Alabama Counseling Association (ALCA), President-Elect 2019-2020

Alabama Association for Marriage and Family Counselors (ALAMFC) division of Alabama Counseling Association (ALCA), Secretary 2018-2019

Alabama Association for Addictions and Offender Counselors (ALAAOC) division of Alabama Counseling Association (ALCA), Treasure 2000-2002 biennium and 1998-2000 biennium

Social Action Chair, Delta Sigma Theta Sorority, Inc., Nu Omicron Chapter, University of Montevallo

COMMUNITY INVOLVEMENT

Teen Advisory Board Member, COSA	2017-present
Council on Substance Abuse (COSA), Board Member	2017-present
Council on Substance Abuse (COSA) Vice-Chairperson	2019-present
ADMH Adolescent Taskforce	2014 -2016
Nursery Ministry, Teen Trainer, Fresh Anointing House of Worship	2012-present
Sexual Violence Prevention Committee	2012-2014
Capella University Mentor	2012-2015
Capella University Ambassador	2011-2015
Volunteer, Young Men's Christian Association (YMCA)	2009-2011
Youngblood Enterprises' Youth Enrichment Program (YEP), Board Member,	2008
Nursery Ministry, Pre-School Team Leader, Fresh Anointing House of Worship,	2007-2012
Troy University Alumni Association,	1999-present

Auburn University Montgomery, Upward Bound Program
Family Sunshine Center, Crisis Rape Counselor,
Delta Sigma Theta Sorority, Inc., Public Service Organization,

1997
1996-1998
1994-present